

BARTS Medical Support Requirements for Alpine Disciplines

MEDICAL ASSESSMENT FORM FOR BRITISH ARTIFICIAL SEEDING COMPETITIONS

The Organising Committee for each competition must fill in the assessment form below prior to the commencement of Training at a Competition.

THE COMPLETED FORM MUST BE EMAILED TO THE HNGB or MEMBER GROUP RESPONSIBLE PRIOR TO THE START OF THE EVENT and posted on the official noticeboard or distributed at the team captains meeting.

Event Venue	**Hemel Snow Centre**	**CoR**	**Dominic McGonigal**
Event Dates	**09 September 2023**	**Event Status**	**Hemel Ski Race Club Championships 2023**
Event Doctor *(if appropriate)*	**n/a**	**Phone: +44……**	
First Aid provided by name:	**Hemel Snow Centre Slope Patrol**	**First aiders**	
Local Surgery or NHS 'walk-in' centre *(if appropriate)*	**Address:** Hemel Urgent Care Centre Ground Floor, Jubilee Wing, Hemel Hempstead Hospital Hillfield Road, Hemel Hempstead, Hertfordshire, HP2 4AD **Phone:** +44 1442 287452 **From Venue:** 10 min (4 miles) with ambulance/car **Directions** :Turn left out of the snow centre left at the roundabout, left at the t-junction, left at the main roundabout, follow signs for the Urgent Care Centre	**Level of Care:** minor accidents, NOT HEAD INJURIES – may not have X-Ray facilities at weekends	
Hospital	**Address:** Watford General Hospital Vicarage Road Watford Hertfordshire WD18 0HB Phone: 01923 244366 **From Venue:** 24 min (9.5 Miles) with	**Level of Care:** A & E, Trauma Centre X-Ray Facility	

	ambulance/car **Directions** : Turn Right out of the Snowcentre, follow road until you come to the Magic Roundabout in Hemel Town Centre, follow directions for the A41. Continue under the M25 and follow directions for Watford. Go towards Watford Town Centre where the Hospital is sign posted	
Pharmacy	**Address:** Tesco Extra, Jarman Park, Hemel Hempstead **Phone: Open 7am – 10pm 0345 677934903** **Venue: 10 mins by car** **Directions:** Turn left out of the Snow centre, Turn left at the t-junction, First turning at the roundabout, first right at the 2nd roundabout into Tescos.	**Level of Care:** Self Medication

Slope patrol	**In contact by Ski Centre and radio.**	Slope patrol on-site during open practice and racing - generally located at top of slope and at lift bases (and also within Rental Areas)
Ambulance	**In contact by phone 999 or via snow centre**	**Location** : Hemel Hempstead **From Venue:** 10 minutes from venue **NB: Bottom of slope accessible by ambulance crew.**
Slope accident Protocol	**First aid are located at: on the** **slope Doctor located at: N/A** **In contact by: Radio**	1. First aid are located at the foot and top of the slope. 2. 3. No medication is carried. 4. Officials instructed to summon first aid help if it is required, race to be stopped. 5. First Aider to assess whether injured can be moved from slope or not. 6. If can be moved, slope is cleared, and race restarted 7. If must be left in situ then race will continue to be suspended until appropriate next level support (ambulance) attends and course is cleared. 8. First Aiders call Hemel Duty Manager who is then responsible for the incident and will call Ambulance if required 9. Back up first aider called to replace first aider if attending incident. 9. TD completes accident form or notes on report.
Crowd / Public Protocol *Only if different from above*	**First aid are located at:** **Doctor located at:** **In contact by:**	All as above
Back-up plan	**Slope staff are on duty as well and have basic first aid training, the centre also have a stretcher if required.**	

Defibrillator Equipment	**Is there a Defibrillator (AED) on site?** **Where is it located?** **Is there a person on site trained to use the equipment?** **If not on site, nearest Defibrillator located at:**	Yes/portable. First Aid room situated behind ski rental. Yes n/a

The Medical arrangements fully meet the criteria for BARTS competitions				**Yes/ No If no identify issue below**	
Description	**Yes/No**	**Complies fully with Rule 1? Y/N**	**Degree of compliance 1-5 (where 5 = fully in place)**	**If not fully complied, reason**	
Medical Cover	**Yes**	**No**	**3**	**Doctor not necessary, technical race in a controlled environment. Hospital 15/25 mins away**	
Signed:	**Sarah Warne HSRC** **Steve Lambert HSRC** **Dominic McGonigal HSRC CoR**	**Technical Delegate/Chief of Race/Chief of Champs** *Delete as appropriate*		**Date:**	**21/02/2023**

The plan should be discussed on setting up contract with venue and prior to publication of Acceptance Bulletin.
The document should be agreed and signed by Chief of Race/Medical Director/Chief of Championships plus TD (if applicable).
Please email completed forms to sponsoring constituent group.